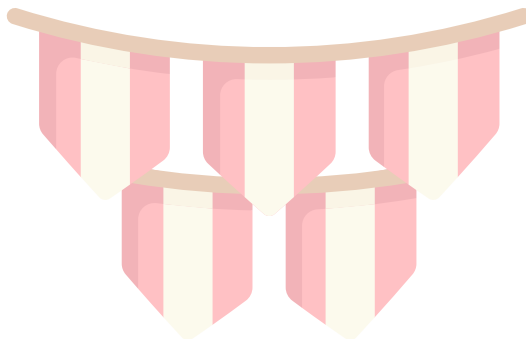


## THREE PERFECT DAYS IN

# Lima



## Day 1

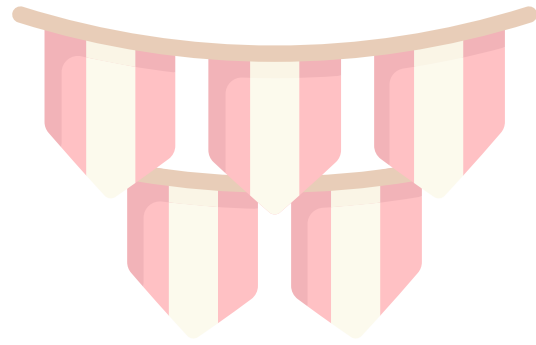
- **Walking tour of Historic District**
  - Catch the morning walking tour of the Historic part of town. You'll get the history and all the top spots of the area. If you can't catch the tour, start at **Plaza de Armas**, see the **Cathedral**, continue on **Jiron de la Union** and **Plaza San Martin**
- **Lunch**
  - For lunch, head over to a restaurant in the Miraflores neighborhood. **Panchita** is a good pick for the area serving some traditional eats.
- **Kennedy Park**
  - A trip to Miraflores isn't complete until you stop at Kennedy Park to play with some local cats. If for some reason petting cats is not your choice of an ideal activity, stop at **Mercado Indio** for some trinkets or at **Mercado 1** for a true local vibe
- **Miraflores**
  - The third main area of town Miraflores, in my opinion, should be seen in the evening. The sunsets from there are stunning and the energy is just great. Start at the **Love Park** and walk along the **Malecon** to the **Larcomar** shopping area.
- **Dinner**
  - If you want a unique dinner vibe, head to the fancy **Rosa Nautica**. Another great option is **La Mar**, a world-famous restaurant. A more laid-back but just as delicious option is **Punto Azul**.

## Must try foods:

- **Ceviche**: Marinated fish with onions, lime with vegetables. It's the national dish and you should make it a priority to try.
- **Lomo Saltado**: Stir-fried beef coming from the Chinese influence on this cuisine which collectively is called **Chifa**.
- **Aji de Gallina**: This was my favorite dish. It's shredded chicken in a creamy sauce. It's served with rice and an egg. Total comfort food that made me super happy.
- **Papas a la Huancaína**: Another dish covered in a creamy sauce but this time, it's potatoes!
- **Cuy**: I couldn't do it and I don't think I ever want to but it's a local delicacy so ...
- **Anticuchos de Corazón**: This is heart meat and it definitely has an interesting texture. Not my dish but people love it.
- **Pollos a la Brasa**: Peruvians love their rotisserie chicken, and you should too when you're in Peru.
- **Arroz Chaufa**: Variations of fried rice.
- **Salchipapa**: Street food composed of french fries and hot dogs.
- **Picarones**: Little street donuts.

## THREE PERFECT DAYS IN

# Lima



## Day 2

- Barranco
  - Start your day early in this area to beat the crowds. Here you will explore cool wall murals, restaurants, and bars. Walk across the **Bridge of Sighs** then down on **Bajada de Los Baños**. Spend some time at the local shops and soak in what the area has to offer.
- Lunch
  - For lunch, you will stay in the hip Barranco. Stop at **Songoro Cosongo** for some traditional dishes or at **Cafe Tostado** for a hidden local gem.
- Museum or Beach Stroll
  - If you're a fan of the arts, the **MATE** or the famous photography museum is located here. Admire the unique photographs by Mario Testino. If art isn't your thing, you can walk along the **Malecon de Chorrillos** or even spend some time at the beach instead. Then don't forget to grab a drink at the best places in the area like **Ayahuasca**, **Juanito Barranco**, or even **Barranco Beer Company**.
- Parque de Reserva
  - This is a cute activity to do in town. At **Parque de Reserva**, you can enjoy one of a kind Magic Fountain Show. There is a lot of lit-up structures with music and other entertainment. Enjoy this local area of town while admiring this awesome spot.
- Dinner
  - Why not grab some local Chifa or Chinese/Peruvian food. Flavors at places like **Madam Tusan**, or **Chifa Wa Lok** will blow your mind!

## Day 3

- Activity: Since you have seen the major highlights of the city unless you want to explore any of them further today, I have a couple of unique options for you:
  - **Paraglide** in Miraflores for the best views of the coast.
  - Swim with sea lions at the **Palomino Islands**. You will need to book a tour that will get you from your hotel and take you there.
  - Take a local **Food Tour** or a **Cooking Class** where you can dive deeper into the history of the delicious national dishes.
  - Or if you just want to relax with a drink in your hand, head to the **local beaches** right on the coast. It's a whole stretch of them so you won't have any problem finding a good spot.
- Dinner
  - For your last dinner, make it special! Head to the pyramid restaurant **Huaca Pucllana**. You won't get this kind of view anywhere else in the area.