

Day 1



Montreal

- Breakfast
 - It's hard for me to write this as a Jersey girl, but you should have a bagel for breakfast at least once in Montreal. It's not the same but it will do ;)
- Free Walking Tour
 - A couple of companies in the city run these tours so with only one day available, this is always your best bet. This way you'll cover the most ground and learn something new. Unless you take a specific location tour, the standard one will most likely cover the majority of Old Montreal.
 - If you cannot catch the tour, start your day by exploring the **Old Port**, then make your way down on **Rue St. Paul** passing **Bonsecours Market**, to **Place Jacques-Cartier**, continuing on **Rue St. Paul East** in the direction of **Norte Dame**. With stops at each location, you'll cover the most important sights.
- Lunch
 - In the Old or Vieux Montreal, there are plenty of spots to grab some poutine. What is a visit to this city without experiencing this local delicacy? I enjoyed mine at Pub BreWsky but you can find it almost anywhere else around.
- Mont-Royal Park
 - Head over to this spot via metro to grab some vistas from above at the Belvedere viewpoint.
 - Then, on the other side of this park, you'll find a hidden gem or St. Joseph's Oratory. This catholic church is a stunning place that not many people visit on their trip to this city.
- Dinner
 - A couple of options for dinner here depending on which area you'd like to end up towards the end of your night. **Sorocco**, a tapas restaurant, or a more traditional cuisine at **P'tit Plateau** are both located in Plateau. **La Habanera**, a delicious Cuban place is located closer to the old town.
- Night Stroll
 - As I always say, the city becomes a different place at night. Head back to old town walking up to Old Port to admire the night lights and walk along the water.

Day 2

- Breakfast
 - Good breakfast can be found all over the city but if you're near **Cora**, **Le Vieux Velo**, or **Eggspectation**, make a stop there to fill up for the day.
- Plateau
 - Make your way over to a different part of town via metro or a ride for a complete change of scenery. The majority of the restaurants and shops are located on or off of **Rue St. Denis**. Murals are laid out all over this neighborhood, a lot being near **St. Laurent Blvd** on which also the famous **Schwartz's Deli** is located as well.
- Afternoon Mile End Food Tour
 - This afternoon tour on the other side of town will give you another perspective of town while you'll be eating your way through the Mile End. Local Food Tours does not only pick the best spots to eat at but also teaches you some small history about the places and neighborhoods you'll be exploring. Closer to the evening, you'll be able to see more people in the street and experience a more local view compared to the touristy hot spots you've been seeing.
- Night Out
 - I won't make a dinner stop here as you should be full from the tour you just took. However, if you still have room for more, there is not a shortage of places in the neighborhood you've been exploring.
 - Depending on your liking here are some options for a good night out
 - If you like quality drinks and good views you have, **Terrasse Sur L'Auberge** or **Terrasse Nelligan**.
 - For some live local music, check out **Casa Del Popolo** or **L'Escogriffe Bar**.
 - If you'd like some entertainment, check out **the Village** for the best gay neighborhood fun!
 - Also, don't forget Montreal is known for its club and **strip club scene**. There are plenty of options for this activity too.



THREE PERFECT DAYS IN

Montreal

Day 3

- Brunch
 - Let me assume last night was a late one and you probably won't be up at the crack of dawn to continue exploring. Remember, Montreal is known for its **brunch culture** so take advantage of sleeping in and head over for some mimosas.
 - Options based on your location: **Santa Barbara** near Little Italy, **Lawrence** near Mile End and Plateau, **Saloon Bar** in the Village or **Brasserie 701** in Old Montreal
- Nature afternoon
 - If you feel like you explored enough in the past two days, take it easy today by choosing a more low-key activity for your third afternoon.
 - My first pick would be to head over to the **Botanical Gardens** that offer insane structures you probably have not seen before. Just take one look on google and you'll see what I mean.
 - Another option is to head over to **St. Helen's Island to Parc Jean-Drapeau** where you can spend your time picnicking, bike riding, swimming, doing water sports or seeing the **Biosphere**.
 - Lastly, if you'd prefer to look at some cool art, you have the options of a **Montreal Fine Arts Museum**, a more modern contemporary one, the **MAC** or explore some pop-up events and galleries dispersed throughout the city.
- Goodbye to the city
 - For dinner, choose a nice spot in Old Montreal. I recommend a delicious eastern European place called **Stash Cafe** for their quality of drinks and food.
 - Walk around that popular area one more time to admire its night atmosphere to say goodbye to this amazing city.